

Brunch & Lunch

Brunch 10AM TO 3PM

THE FULL CORNISH – £12.50

Two butchers' pork sausages, thick cut back bacon, grilled thyme salt tomato, mushrooms, baked beans and free-range egg

THE FULL VEGGIE – £12.50

Grilled halloumi, spinach, grilled thyme salt tomato, mushrooms, baked beans and free-range egg (V)

SMOKED SALMON & SCRAMBLED EGGS – £11.50

Baby watercress, toasted sourdough

SOURDOUGH ROUND – £10

ROYALE - Smoked salmon

BENEDICT - Thick cut back bacon

FLORENTINE - Spinach (V)

All served with free-range poached eggs and hollandaise sauce

GRILLED HALLOUMI – £10

Toasted sourdough, spinach, sweet chilli mayo (V)

SOURDOUGH BLT – £12.50

Thick cut back bacon, romaine lettuce, tomato, pickled red onion and mayo

CRUSHED AVOCADO – £10.50

Lemon and thyme crushed avocado, salsa roja, poached egg, toasted sourdough and chia seeds (V)

6OZ PAN FRIED MINUTE £12

Toasted sourdough, with your choice of egg

Brunch Additions

Egg of choice (V)	£1.50
Salmon	£2.50
Thick cut bacon	£1.50
Spinach (V)	£1.50
Mushrooms (V)	£1.50

Sandwich Selection 12PM TO 3PM

HONEY ROAST HAM – £8

Lettuce and tomato

MATURE CHEDDAR – £8

Apple and fig chutney (V)

SMOKED SALMON – £11

Chive cream cheese

CRISPY FISH – £14.50

Lettuce, hot sauce and dill mayonnaise

TOASTED SPICY TUNA MELT – £12.50

Cheddar, spring onion, shallots and chilli aioli

TOASTED MINUTE STEAK – £14.50

Bacon jam, rocket and red onion aioli

ADD A GARNISH

Sea salt house baked crisps	75p
Root slaw	75p

All sandwiches served with dressed leaves.

Make it your way...

Ask your server about the choices of bread as well as our bread free salad option.

Lunch 12PM TO 3PM

SMALL PLATES

BREAD BOARD & OLIVES – £8

Carmona olives, focaccia, whipped butter, lemon oil, balsamic vinegar (V)

HONEY, SOY & HOISIN CRISPY BEEF – £9

Pickled chillies, coriander

GARLIC & HERB KING PRAWNS – £9

Garlic aioli (GF)

TOMATO BRUSCHETTA – £7

Focaccia, cherry tomatoes, shallots, garlic, curly parsley (VE)

LARGE PLATES

ST AUSTELL BAY MUSSELS – £19

Marinère cream sauce, choice of fresh focaccia or skin-on skinny fries

TACOS – £19

Choice of smashed turkey or fish
Romaine lettuce, sweet tomato salsa, skin-on skinny fries

COCONUT & CHICKPEA CURRY – £17

Coconut and coriander flatbread, tortilla chips, fresh lime (V)

PRAWN LINGUINE – £22

Sundried tomatoes, chilli & coriander pesto, rocket, charred lime, aged parmesan

BEEF BURGER – £19

Double beef patties, skin-on skinny fries, garlic aioli, slaw, romaine lettuce, tomato, gherkin

Burger Additions

Mature cheddar or blue cheese (V, GF)	£1.50
Thick cut back bacon	£1.50
Mixed pickled chillies (VE, GF)	£1
Wild mushrooms (V, GF)	£2

SEE OVERLEAF FOR THE CHILDREN'S MENU AND SELECTION OF SIDES >>

(V) Vegetarian (VE) Vegan (GF) Gluten free

Please ask your server for allergen information. Some dishes may be adapted to suit dietary requirements.